

# Tips for creativity

1. Become an expert in whatever subject you are writing about. That will give you the knowledge to find lyrical lines that tell the story, and to construct a musical atmosphere that suits the subject.
2. Embrace accidents. Instead of being frustrated when you write something you don't like, follow that thread for a little bit and see if you can find a new way to look at something.
3. Try something new. Big or small. You can go skydiving or try to color a page in a coloring book with your non dominant hand. Anything really. Just something you have never done.
4. Engage with people who are different than you.
5. Cultivate your social life. Invite people to coffee, lunch, dinner, etc. Invite them over. Say yes when they invite you. Accompany them on their errands, participate in their pass-times, invite them to collaborate.
6. Ask people to draw you a map whenever possible. Keep those.
7. Collect people's favorite sayings.
8. Read several books at once.
9. Always try to earnestly understand the other side of an argument. Why does that person think that? How did they arrive at that viewpoint?
10. Make time to be creative. Invest in yourself.
11. Walk.
12. Journal by hand.
13. When you are angry, hide away and create.
14. Brainstorm random thoughts every night before bed.

