

Creativity Exercises



1. Write down a question. (Any question will do, even “How are you doing?”) Now write down ten other ways to ask that same question.
2. Describe a room or landscape as you see it. Then describe it from the perspective of an ant. Then describe it from the perspective of a crow.
3. Write a description of your first musical instrument and your relationship with it. Now write a description of it as if it were a person.
4. Think of a kitchen from your past. Describe it in five paragraphs. Each paragraph should focus on a single sense (i.e. smell, touch, taste, sound, sight).
5. Write a paragraph about a political subject that you are passionate about. Write a paragraph from the opposing point of view.
6. Close your eyes and type randomly on a computer keyboard in a word processor. Read what you wrote and highlight any words that appear (three letters or more). Use those words to create an idea and write three paragraphs on the idea.
7. Imagine an event that changed your life. Write three paragraphs. Each paragraph focused on a different way that event could have turned out.
8. Make a list of unusual uses for tools or other household items.
9. Make a list of 50 ways to squeeze a lemon.
10. Spend twelve hours going places in your own community that you have never been. Do not go anywhere familiar within that time, and do not return home. Write about what you learned.
11. What’s in your pocket? What was in your pocket when you were 15?
What was in your pocket when you were 5? Why are/were those things there?
12. Sit in silence for ten minutes.
13. Get a sketchbook. Draw a doodle each day on a page before writing.
14. Make a sculpture out of items found in your recycle bin.
- 15.

